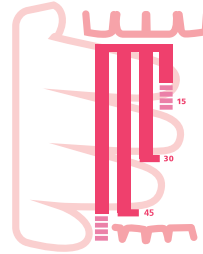


## 1. Mouthpiece Sizing

Instruct your patient to open as wide as they can comfortably. Use your fingers to measure their interincisal opening or use calipers or another measuring device.



**Pediatric / Extra Small**  
One Finger (< 30mm)

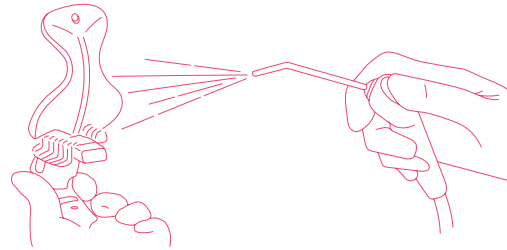
**Small**  
Two Fingers (30mm)

**Medium / Medium DV**  
Three Fingers (30-45mm)

**Large**  
Four Fingers (> 45mm)

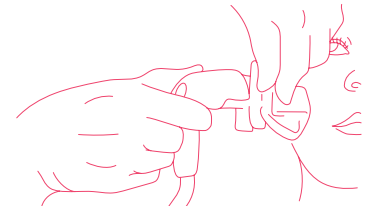
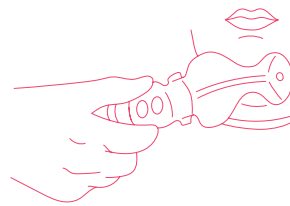
## 2. Preparing the Mouthpiece

Moisten the back of the Mouthpiece with water spray so that is easier to slide into the patient's mouth.

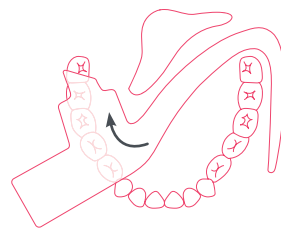


## 3. Mouthpiece Placement

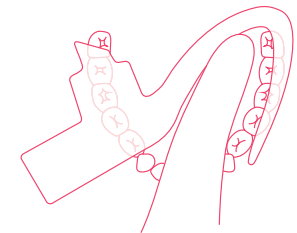
Hold the control head gently between index finger and thumb. Fold the cheek shield onto the tongue retractor. Use two hands when placing the Mouthpiece.



Gently slide the folded Mouthpiece into the buccal vestibule on the side of the mouth to receive treatment, staying buccal to the mandible.



Draw the bite block across the mouth onto the occlusal surface of the teeth opposite the side to receive treatment, distal to the mandibular cuspid.



Place the cheek shield into the cheek and tuck the isthmus onto the retromolar pad.